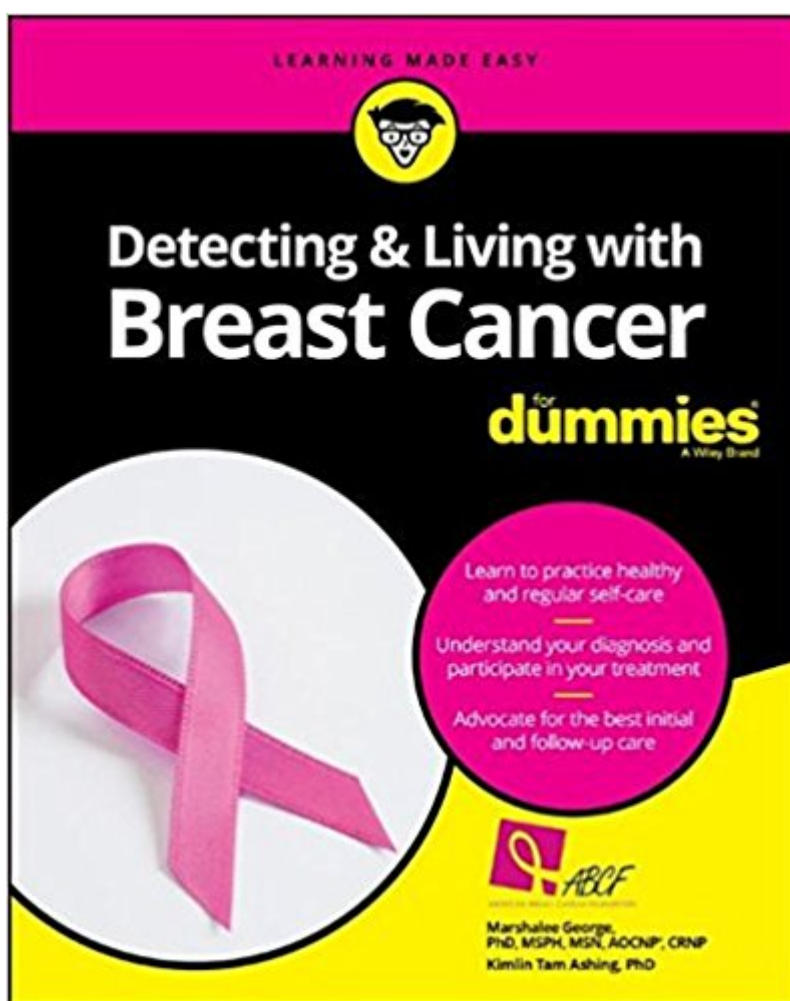


The book was found

Detecting And Living With Breast Cancer For Dummies (For Dummies (Lifestyle))



Synopsis

Your trusted, no-nonsense guide to detecting and managing breast cancer From the breast health experts at the American Breast Cancer Foundation comes a sensitive and authoritative guide to the most common cancer in women: breast cancer. Covering everything from prevention to dealing with a diagnosis to coping with life after cancer, it serves as a trusted resource for anyone whose life has been touched by this dreaded disease. Advancements in breast cancer prevention, detection, and treatment are being made every day, but it can be overwhelming and confusing knowing where to turn and who to trust. *Detecting & Living with Breast Cancer For Dummies* distills the information into one easy-to-follow guide, giving you quick, expert advice on everything you'll face as you manage your breast health. From getting to know your treatment options to talking to loved ones about breast cancer—and everything in between—it does the legwork for you so you can take a deep breath and focus on your health. Perform regular self-exams the right way Cope with the many decisions that need to be made if you're diagnosed Ask the right questions about surgery, chemotherapy, radiation, and breast reconstruction Decipher complicated pathology reports with confidence Whether you're at risk for breast cancer or have been diagnosed and want to know your options, *Detecting & Living with Breast Cancer For Dummies* empowers you to take your health into your own hands.

Book Information

Series: For Dummies (Lifestyle)

Paperback: 384 pages

Publisher: For Dummies; 1 edition (August 28, 2017)

Language: English

ISBN-10: 1119272246

ISBN-13: 978-1119272243

Product Dimensions: 7.3 x 0.9 x 9.2 inches

Shipping Weight: 1.1 pounds (View shipping rates and policies)

Average Customer Review: Be the first to review this item

Best Sellers Rank: #136,380 in Books (See Top 100 in Books) #32 in [Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Cancer > Breast Cancer](#) #396 in [Books > Health, Fitness & Dieting > Women's Health > General](#)

Customer Reviews

Learn to practice healthy and regular self-care Understand your diagnosis and participate in your

treatment Advocate for the best initial and follow-up care By the best breast experts in association with ABCF Advancements in breast cancer prevention, detection, and treatment are being made every day, but it can be overwhelming to know where to turn for the most trusted information. This book distills it all into one easy-to-follow guide, giving you expert advice on everything you'll face as you manage your health. With this sensitive and authoritative reference by your side, you and your loved ones will be able to rest assured that you're informed, empowered, and getting the care you need. Inside

- Determine your best treatment
- Get advice from survivors
- Cope with a diagnosis
- Decode your pathology report
- Make healthy lifestyle changes
- Understand how cancer treatment affects fertility and sexuality
- Know your breast reconstruction options

Marshalee George, PhD, is Faculty and Oncology Nurse Practitioner at the Johns Hopkins University School of Medicine, Division of Surgical Oncology at Johns Hopkins Breast Center. Kimlin Tam Ashing, PhD, is Professor and Founding Director of City of Hope's Center of Community Alliance for Research and Education. Together they have over 40 years combined experience in treating breast cancer patients through diagnosis, treatment, recovery, and recurrent illness, as well as survivorship and follow-up care.

[Download to continue reading...](#)

Cancer: Coping With Cancer: Controlling and Understanding Emotions of Cancer (Cancer, Cancer Books, Breast Cancer, Colon Cancer, Lung Cancer, Cancer Diet, Preventing Cancer, Cancer Prevention, Cancer Cure) Cancer: Cancer Cure: Natural Cancer Cures And Chemo Alternatives (Cancer, Cancer Cure, Cancer Diet, Coping With Cancer, Cancer Books, Breast Cancer, Lung Cancer, Cancer Prevention, Colon Cancer) Cancer: Cancer Prevention: Killing Cancer By Preventing It. Instantly Prevent Cancer (Cancer, Cancer Prevention, Cancer Cure, Coping With Cancer, Cancer Books, Breast ... Cancer, Leukemia, Colon Cancer, Skin Cancer) Outsmart Cancer: The Proven Cure For Beating Cancer With Healthy Nutrition And Vitamin B17 (Cancer, Cancer Cure, Cancer Diet, Coping With Cancer, Cancer Books, Breast Cancer, Lung Cancer, Cancer Prevention) Cancer: Coping With Cancer: How To Cope When A Loved One Has Cancer Without Any Grieving (Cancer, Coping With Cancer, Cancer Books, Breast Cancer, Colon Cancer, Lung ... Cure, Prostate Cancer, Cancer Prevention) Alternative Cancer Therapies (Cancer, Cancer Cure, Cancer Diet, Coping With Cancer, Cancer Books, Breast Cancer, Lung Cancer, Cancer Prevention, Colon Cancer) (Alternative Medicine Book 1) Breast Cancer Prevention and Recovery: The Ultimate Guide to Healing, Recovery and Growth: prostate cancer, bone cancer, brain cancer, breast cancer, colorectal, ... cancer killers, cancer is not a disease,) Detecting and Living with Breast Cancer For

Dummies (For Dummies (Lifestyle)) Cancer: Taboo Cancer Cures 6 Impressive and Secret Cancer Cures that Most People do not know about (Cancer, Cancer Cures, Yoga, Cancer Treatments, Cancer Medicine, Cancer Patient Book 1) Restorative Yoga For Breast Cancer Recovery: Gentle Flowing Yoga For Breast Health, Breast Cancer Related Fatigue & Lymphedema Management The Cancer Cure Diet: The Complete Cookbook of 20 Cancer Diet Recipes That Work And Why (Cancer Cure, Cancer Nutrition and Healing, Cancer Prevention, ... Cancer Diet Guide, Cancer Recipe Books) Winning The Cancer Battle: Nutritional Help for Breast Cancer, Prostate Cancer, Intestinal Cancer, Vaginal Cancer, and Various Other Cancers Breast Cancer and Iodine : How to Prevent and How to Survive Breast Cancer Breast Cancer Courageous - Prayer Journal: Biblical Affirmations for Breast Cancer Patients and Survivors Heal Breast Cancer Naturally: 7 Essential Steps to Beating Breast Cancer The Breast Cancer Survival Manual, Fifth Edition: A Step-by-Step Guide for Women with Newly Diagnosed Breast Cancer Cancer Survivorship Coping Tools - We'll Get you Through This: Tools for Cancer's Emotional Pain From a Melanoma and Breast Cancer Survivor Breast Cancer? Breast Health!: The Wise Woman Way (Wise Woman Herbal) CANCER PREVENTION: Cancer Factors, Cancer Fighting Foods And How The Spices Turmeric, Ginger And Garlic Can Reduce Cancer Risk (Essential Spices and Herbs Book 4) Colon Cancer - A Cancer Prevention and Cancer Cure Guide to Understanding the Facts of Colon Cancer for Treatment, Diet, and Nutrition

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)